



# College Connections

# cIcu

## VISIT TO ST. ELIZABETH COLLEGE OF NURSING

On a recent visit to St. Elizabeth College of Nursing in Utica on November 2, 2007, 8th and 9th grade NYGEAR UP students from St. Johnsville Central School got a taste of what it might be like to enter the nursing profession.

During their visit, arranged with the help of SUNY Cobleskill NYGEAR UP and cIcu, the students participated in several lab activities – they listened to the heartbeat of a patient with pneumonia using a simulated "dummy" model, and moved a patient from a hospital bed to a stretcher with a hover mat. Students also played "patient" and were moved from one location to another using the hover mat. Elaine Brown, an instructor at St. Elizabeth College, pointed out that the exercise helps students experience how patients feel during these situations.

Ms. Brown also introduced students to the college's "virtual stethoscope," a diagnostic teaching tool used at the college. Instructors type an illness into the computer program and students use the "virtual stethoscope" to diagnose the illness by listening to the breathing and heartbeat of the "patient."

The "germ ball" activity demonstrated how easy it is to pass germs from one person to another and how important it is to wash your hands. The day ended with students pairing up for one hour to research an assigned health-related topic, and make a presentation on that topic to St. Elizabeth College staff members.

"The students had a great time and really learned a lot about what becoming a nurse entails," said NYGEAR UP advisor Julie Taylor.



St. Johnsville Central School students move a "dummy" patient using a hover mat. The mat helps nurses move patients more easily.

### Did You Know?

Employment of registered nurses is expected to grow 23% between 2006 and 2016, equating to 587,000 new jobs.

*Source: Department of Labor Bureau of Labor Statistics Web site, Career Guide To Industries, 2008-09*

## PROFESSIONAL DEVELOPMENT TRAINING OFFERED AT BRONX INSTITUTE

On November 6 and 7, 2007, cIcu's Susan Nesbitt Perez, Vice President of Outreach and Financial Aid, and Kiersten Hall, Assistant Director of Outreach Program Services, conducted a professional development workshop (PDW) at the Bronx Institute at CUNY Lehman College, one of New York's federal GEAR UP sites. Kmur Handeman, Admissions Associate at Long Island University, supplemented the programming with a presentation about the Higher Education Opportunity Program.

The focus of the PDW was a "turn-key" training – sharing and discussing the materials and "how-to's" for cIcu's most successful workshops for students and families. Topics and workshop how-to outlines discussed included: Time Management, Study Skills, and Note Taking; Classroom College Quest; Opportunity Programs; Essay Writing; and What Every Family Needs To Know About College.

Feedback from this PDW was extremely positive. One participant noted that "the workshop gave us the opportunity for discussion amongst the staff on the experiences we've been having and how these materials can enhance our work."

## RESOURCES FOR HEALTH CARE CAREERS

### Choosing a Career

<http://www.ama-assn.org/ama/pub/category/10481.html>

A comprehensive and detailed list of occupations in health care and related professions, located at the site of the American Medical Association, with job descriptions, educational requirements, and contact information for each.

### Nursing Career Profiles

<http://www.nursesource.org/description.html>

Features descriptions of career tracks within nursing as well as financial aid information.

For more information on careers in health care and many other professions, [click here](#) to visit the **NY Career Zone**.

### Student Assistance Programs

<http://bhpr.hrsa.gov/dsa/>

Links to information about scholarships, loans, and other financial aid available to students who wish to become health care professionals, presented by the Health Resources and Services Administration of the U.S. Department of Health and Human Services.

### Nursing Occupation Outlook

<http://stats.bls.gov/oco/ocos083.htm>

Information from the Bureau of Labor Statistics (BLS) regarding training and education, future job outlook, and earnings. BLS also provides information about occupations related to nursing.

## FOCUS ON NURSING: 2-YEAR NURSING SCHOOLS

### Cochran School of Nursing, Yonkers, NY

Cochran School of Nursing is the oldest nursing school in Westchester County. More than 90% of their students receive financial aid, and an integrated program with Mercy College provides a transition to baccalaureate and higher degree programs. For more information, visit <http://www.cochranschoolofnursing.us/>

### Dorothea Hopfer School of Nursing, Mount Vernon, NY

Dorothea Hopfer School of Nursing is located at Mount Vernon Hospital. Students can continue their nursing education through programs at the College of New Rochelle, Dominican College, Mercy College, and Pace University. The South Shore Medical Center Foundation assists students who need financial aid. For more information, visit <http://www.hopfer.org/>

### Helene Fuld College of Nursing, New York, NY

Helene Fuld College of Nursing accepts only licensed practical nurses as students and offers them an accelerated one-year full-time program leading to an associate degree at the RN level. Located in Harlem, it is committed to offering opportunities to members of that community and to serving those who lack medical resources. 94% of its students are minority, 88% are women, and 75% have dependent children. For more information, visit <http://www.helenefuld.edu/>

### Long Island College Hospital School of Nursing, Brooklyn, NY

Founded in 1883, Long Island College Hospital School of Nursing is one of the oldest schools of nursing in the U.S. Required liberal arts courses are taken at St. Francis College, where students may also go on to earn a bachelor's degree in nursing. For more information, visit <http://www.futurenurselich.org/>

**A St. Johnsville Central School student listens to the heartbeat of a "dummy" patient during a visit to St. Elizabeth College of Nursing in Utica, NY.**



### Commission on Independent Colleges and Universities (cicu)

cicu is a statewide association representing more than 100 independent colleges and universities in New York State. cicu Outreach Programs has provided admissions and financial aid information for more than 25 years.

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### Memorial Hospital School of Nursing, Albany, NY

Memorial Hospital School of Nursing offers its graduates RN staff positions at local hospitals. Scholarships and loan forgiveness programs are also available. Graduates can pursue a bachelor's degree at several affiliated institutions. The school also offers New York State Practical Nurse (PN) to Registered Nurse (RN) transition course. For more information, visit <http://www.nehealth.com/>

### Phillips Beth Israel School of Nursing, New York, NY

As part of Manhattan's Beth Israel Medical Center, Phillips Beth Israel School of Nursing offers students hands-on clinical experience and a solid academic program. Over 94% of the school's graduates pass the National Council Licensure Exam-RN on their first try. Liberal arts courses are offered with Pace University, and graduates can pursue a B.S. degree at Pace or transfer 64 credits toward a bachelor's degree in nursing at New York University. For more information, visit <http://www.futurenursebi.org/>

### Samaritan Hospital School of Nursing, Troy, NY

Samaritan Hospital School of Nursing in Troy offers an associate degree as well as an LPN (Licensed Practical Nurse) program. Unlike other LPN programs, students receive college credit for their courses. 100% of Samaritan students receive financial aid and can obtain staff positions at Northeast Health's member. For more information, visit <http://www.nehealth.com/>

### St. Elizabeth College of Nursing, Utica, NY

St. Elizabeth College of Nursing offers a two-year associate degree. An applicant who lacks academic prerequisites may be accepted as a matriculating non-nursing student into a three-year program that offers general education courses during the first year. St. Elizabeth College of Nursing offers both a weekday program and an evening/weekend program. For more information, visit <http://www.secon.edu/>

### St. Joseph's College of Nursing at St. Joseph's Hospital Health Center, Syracuse, NY

St. Joseph's College of Nursing offers an associate degree in a state-of-the-art facility. A dual degree in nursing partnership with Le Moyne College lets students move from high school into a demanding nursing curriculum and enables them to go on to earn a bachelor's degree. Students complete 180 hours of clinical practice a semester under the supervision of qualified nursing faculty. For more information, visit [http://www.sjhsyr.org/sjhhc/stj\\_edu\\_6.asp](http://www.sjhsyr.org/sjhhc/stj_edu_6.asp)

**Many of the independent (private, not-for-profit) colleges and universities in New York have a nursing program. In addition to the 2-year nursing schools featured above, the following institutions also offer nursing degrees (generally a bachelor's or higher):**

Adelphi University  
College of Mount Saint Vincent  
The College of New Rochelle  
Columbia University  
D'Youville College  
Daemen College  
Dominican College  
Elmira College  
Excelsior College  
Hartwick College  
Keuka College  
Le Moyne College  
Long Island University/Brooklyn Campus

Long Island University/C.W. Post Campus  
Manhattan College  
Mercy College  
Molloy College  
Mount Saint Mary College  
Nazareth College  
NYIT/Manhattan Campus  
NYIT/Old Westbury Campus  
New York University  
Niagara University  
Pace University/New York City Campus

Pace University/Pleasantville-Briarcliff Campus  
Roberts Wesleyan College  
The Sage Colleges  
St. Francis College  
St. John Fisher College  
St. Joseph's College/Brooklyn  
St. Joseph's College/Suffolk  
University of Rochester  
Utica College  
Wagner College